

# **SIUE POOL OPEN FOR MEMBERS DURING MAINTENANCE**

**NOTE: THIS IS THE SCHEDULE FOR**

**AUGUST 14<sup>TH</sup> - 16<sup>TH</sup>**

**SUMMER HOURS:**

**6:15 - 8:15AM • LAP SWIM**

**11:30AM - 1:00PM • LAP SWIM**

**3:30 - 7:00PM • OPEN & LAP SWIM**

**SEE FOLLOWING PAGE FOR  
AUGUST 17<sup>TH</sup> - 27<sup>TH</sup> SCHEDULE**



# SIUE INDOOR POOL INFORMATION FOR AUGUST 17<sup>TH</sup> - 27<sup>TH</sup>

YMCA members have permission to utilize the SIUE indoor pool during the time period that the Esic indoor pools are closed for maintenance. Below is the schedule of the SIUE indoor pool, located in the Vadalabene Center, as well as a list of the pool regulations. YMCA members must use the metered parking spaces on campus. YMCA members will also need to complete a waiver at the time of their first use with SIUE within the current year. After each participant does this once, their access to the facility will be easier for the rest of their visits.

## MONDAY-FRIDAY

**6:15 - 8:15 AM**  
**11:30AM - 1:30PM**  
**3:30 - 8:30PM**

**LAP SWIM**  
**LAP SWIM**  
**OPEN & LAP SWIM**

## SATURDAY & SUNDAY

**12:00 - 3:00PM**  
**6:00 - 8:30PM**

**OPEN & LAP SWIM**  
**OPEN & LAP SWIM**

### General Rules for the SIUE Pool:

1. Swim only when a lifeguard is on duty.
2. For safety reasons, please follow the lifeguards' instructions at all times.
3. No running is permitted on deck.
4. Diving is not permitted in the shallow end.
5. For health reasons, please do not use the pool if suffering from any skin or communicable diseases or open wounds. Bathing caps are required for all persons with shoulder length hair. Gum is not allowed.
6. Parents must be present and watch children at all times.
7. Food and drinks are not permitted other than water bottles if they are made of a non-breakable material and contain only water.
8. An approved swimsuit is required. Denim jeans or cut offs are not permitted.
9. No hazardous activity or foolish behavior is allowed.
10. Do not wear street shoes when walking on the deck of the pool.
11. Only one person is allowed on the diving board at a time.
12. All back dives are prohibited to ensure your safety.
13. Proper I.D. must be presented to the Reception Desk and Lifeguard before using the pool.
14. Use of scuba equipment is prohibited during lap and recreational swims.
15. No prolonged breath holding exercises are permitted during recreational swim times.

