

REC. SPORTS | ESIC & MEYER

YOUTH SPORTS PHILOSOPHY

Everyone plays. Everyone wins. YMCA Youth Sports strive to enhance every child's personal growth and development, sports skills and fundamentals, the traits of fair play and sportsmanship, values, and sense of teamwork and physical fitness. On top of it all...FUN!

NOTE: YOU MUST FILL OUT A FORM & REGISTER IN PERSON!

ROOKIES SPORTS SAMPLER (4-7 YRS)

This program is sure to please the entire family as it encourages parents and guardians to get involved. We also have a camp fun day the final day! The campers are also introduced to fitness concepts, healthy eating, positive values, and fair play.

ESIC CENTER (T-SHIRT INCLUDED)

9:30-10:45AM

1ST SESSION: JUNE 5TH - 9TH

REGISTRATION: APRIL 3RD - JUNE 4TH

2ND SESSION: JULY 10TH - 14TH

REGISTRATION: APRIL 3RD - JULY 9TH

MEMBERS \$35 • NON-MEMBERS \$50

GIRLS VOLLEYBALL CAMP (1ST-7TH)

Girls will get the opportunity to develop and improve their techniques utilizing a "games approach" format. Get ready for the Fall with this comprehensive and fun program. Participants will be divided by age groups. All girls currently in 1ST - 7TH grades are encouraged to register.

MEYER CENTER (T-SHIRT INCLUDED)

JUNE 26TH - 29TH • 6:00-7:30PM

REGISTRATION: APRIL 3RD - JUNE 21ST

MEMBERS \$37 • NON-MEMBERS \$54

LACROSSE CAMP (2ND-5TH)

Lacrosse is one of the fastest growing sports in America right now. Give it a try and sign up for one of our 2-day Lacrosse Camps. Campers will be provided with a stick, helmet, gloves, and any other equipment necessary. Campers should bring both non-metal cleats and tennis shoes. Campers may bring their own equipment as well.

MEYER CENTER

2ND - 3RD; JUNE 5TH - 6TH • 6:00-7:15PM

4TH - 5TH; JUNE 7TH - 8TH • 6:00-7:15PM

REGISTRATION BEGINS: APRIL 3RD

MEMBERS \$15 • NON-MEMBERS \$23

SOCCER CAMP (PRE K-5TH)

Basic skills will be covered and refined each day, building up to game play and strategy as the camp progresses.

Must be at least 4 years old and able to be apart from parents/caretaker for entirety of camp.

MEYER CENTER

JUNE 12TH - 15TH • 9:00-10:00AM

REGISTRATION: APRIL 3RD - JUNE 9TH

MEMBERS \$30 • NON-MEMBERS \$45

FOOTBALL CAMP (1ST-7TH)

Our Football Camp will cover passing, catching, running routes, defensive coverage, and basic football agility. This camp will help players getting ready for the Fall football season regardless of the league they're playing in. If your child wants to improve their passing, catching, route running skills, and overall defensive skills then this is the camp for them!

MEYER CENTER

JULY 10TH - 13TH • 6:00-7:15PM

REGISTRATION: APRIL 3RD - JULY 9TH

MEMBERS \$30 • NON-MEMBERS \$45

VOLUNTEER COACHES

The success of our youth sports program is dependent on support and involvement from volunteers. Share a special experience with your child; sign up as a volunteer coach by checking the box on your registration form.

**LATE FEES FOR ALL
YOUTH LEAGUES \$10**

BASKETBALL CAMPS

SKILLS, DRILLS & FUN (2ND-4TH)

This camp is for boys and girls basketball players finishing 2ND - 4TH grades. We will work to develop skills for young players such as proper technique, footwork, and an understanding of basketball. We will work to improve skills such as shooting, passing, and dribbling, all while having fun. The final day of camp is a Basketball Skills Challenge Day. This camp will be limited to the first 30 players.

MEYER CENTER

JUNE 12TH, 14TH, 19TH, 21ST, & 22ND

6:00-7:15PM

REGISTRATION: APRIL 17TH - JUNE 8TH

MEMBERS \$35 • NON-MEMBERS \$50

FUNDAMENTAL SKILLS & TEAM PLAY (5TH-8TH)

This camp is for boys and girls who have just finished 5th-8th grades. Players will improve their fundamental skills such as shooting, passing, and dribbling. This camp is a great opportunity to improve your skills. The final day of camp is a Basketball Skills Challenge Day. This camp will be limited to the first 30 players.

MEYER CENTER

JUNE 12TH, 14TH, 19TH, 21ST, & 22ND

7:15-9:00PM

REGISTRATION: APRIL 17TH - JUNE 8TH

MEMBERS \$40 • NON-MEMBERS \$55

FALL YOUTH PROGRAMMING REGISTERING THIS SUMMER!

FALL YOUTH SOCCER LEAGUE (K-8TH)

It's soccer time at the Edwardsville YMCA. The league will run for six games. The league is open to youth in Kindergarten (must be signed up for Fall '17 Kindergarten class) through 8TH grade. Please call the YMCA if you have any questions.

(T-SHIRT INCLUDED)

LEAGUE BEGINS: SEPTEMBER 9TH

REGISTRATION: MAY 30TH - JULY 30TH

MEMBERS \$46 • NON-MEMBERS \$62

FALL ROOKIES SOCCER PROGRAM (4-5 YRS)

Join our pre-competitive soccer program for kids who are not yet in Kindergarten and cannot wait to start playing the game of soccer! They will have an opportunity to meet together as a team to work on individual skills, soccer tactics, team skills and strategies using the "games approach." Parents are encouraged to volunteer as coaches and team helpers. The Y will provide a coaches training and parent orientation to this exciting program.

(T-SHIRT INCLUDED)

LEAGUE BEGINS: SEPTEMBER 9TH

REGISTRATION: MAY 30TH - JULY 30TH

MEMBERS \$46 • NON-MEMBERS \$62

YOUTH 7-ON-7 FLAG FOOTBALL PASSING LEAGUE (2ND-8TH)

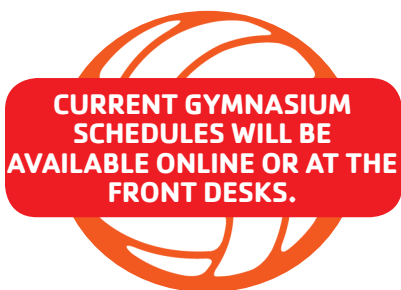
This exciting flag football league ensures a good coach to player ratio with plenty of playing time! This is a great way to introduce the game of football to a young one, but it's also a perfect way to refine the passing, receiving, and route-running skills of the more experienced player as well. Games will be played Saturday afternoons. The league is open to boys and girls and serves as a great opportunity for parents to get involved as volunteer coaches.

(T-SHIRT INCLUDED)

LEAGUE BEGINS: SEPTEMBER 9TH

REGISTRATION: MAY 30TH - JULY 30TH

MEMBERS \$46 • NON-MEMBERS \$62



REC. SPORTS | ESIC, MEYER & SIUE FIELDS

FALL YOUTH CONTINUED

3-ON-3 BOYS BASKETBALL (9-15 YRS)

A 3-On-3 league where players sign up as a team or an individual (max 4 players per team). Leagues include a pre-season clinic & a 5-game season (6 total nights). The divisions will be based on age. Games will be half court and 22 minutes long. Practices are not provided. Coaches are not required.

MEYER & ESIC (JERSEY INCLUDED)

LEAGUE BEGINS: SEPTEMBER 5TH

REGISTRATION: MAY 30TH - AUGUST 13TH

INDIVIDUALS:

MEMBER: \$35 • NON-MEMBER: \$50

3 OR MORE PLAYERS MEMBERS: \$100

2 OR MORE PLAYERS NON-MEMBERS: \$135

FOR ADDITIONAL REC. SPORTS INFORMATION SEE OUR FLYERS AT OUR FRONT DESKS!



ADULT SPORTS

ULTIMATE FRISBEE LEAGUE

This is our first Ultimate Frisbee Fall League! It is open to high schoolers on up. The games are on Saturday afternoons. Teams may have up to 14 players on a roster and 7 play at a time.

**SIUE SOCCER FIELDS BY KORTE STADIUM
TEAM FEES: \$200**

**REGISTRATION: JUNE 19TH - AUGUST 20TH
LEAGUE BEGINS: SEPTEMBER 9TH**

FALL COED ADULT SAND VOLLEYBALL

This league will be Coed 4's (2 guys and 2 girls), so be sure to bring your A game. In case you missed the summer league or just didn't get enough, here's your chance to play some sand volleyball! Games are on Wednesday nights. Only the top 4 teams make the playoffs (6-game regular season).

TEAM FEES: \$130

**REGISTRATION: JUNE 5TH - JULY 16TH
LEAGUE BEGINS: AUGUST 2ND**

FALL COED ADULT VOLLEYBALL

Monday Night Volleyball! Fall volleyball just got better! We offer four different divisions of leagues: Recreational, Intermediate, Competitive, and Power. Each team only plays teams from their division with playoffs after the regular season. Come on out and have some fun with friends. League play will be on Monday nights. All team players must be 17 years or older. Games will be played at both Meyer and Esic Centers.

TEAM FEES: \$260

**REGISTRATION: JUNE 19TH - AUGUST 20TH
LEAGUE BEGINS: SEPTEMBER 11TH**

ADULT RACQUETBALL CONVENIENCE LEAGUE

The YMCA will be offering a fall racquetball convenience league for all interested men & women. This is a great way to meet other racquetball players. Multiple divisions will be set up based on the skill levels of the players.

ESIC CENTER • FEE: \$5

**REGISTRATION: JUNE 19TH - AUGUST 27TH
LEAGUE BEGINS: SEPTEMBER 11TH**