



YOUTH SPORTS PHILOSOPHY

Everyone plays. Everyone wins. YMCA Youth Sports strive to enhance every child's personal growth and development, sports skills and fundamentals, the traits of fair play and sportsmanship, values, and sense of teamwork and physical fitness. On top of it all...FUN!

T-SHIRTS INCLUDED WITH ALL LEAGUES

YOUTH BASKETBALL

2ND GRADE INSTRUCTIONAL BASKETBALL PROGRAM

This program is a great introductory league for boys and girls. The basics of basketball are covered the first 3 weeks of the season during Saturday morning practices with coaches, kids & staff. The last 3 weeks of the season parents get to watch their kids scrimmage as they start sharpening their newly learned basketball skills and knowledge.

REGISTRATION: OCT. 3RD - DEC. 18TH
PROGRAM DATES: JAN. 7TH-FEB. 11TH
MEMBERS \$37 • NON-MEMBERS \$55

GIRLS BASKETBALL (3RD-8TH)

This is an instructional league for girls looking to improve their basketball skills with an emphasis on fundamentals and equal playing time. Games will primarily be on Saturdays with occasional weeknight games. Practices will be on weeknights.

REGISTRATION: OCT. 3RD - NOV. 20TH
LEAGUE DATES: JAN. 7TH - FEB. 11TH
MEMBERS \$47 • NON-MEMBERS \$65

BOYS BASKETBALL (3RD-8TH)

This is an instructional league for boys looking to improve their basketball skills with an emphasis on fundamentals & equal playing time. Games will primarily be on Saturdays with occasional weeknight games. Practices will be on weeknights.

REGISTRATION: DEC. 7TH-JAN. 29TH
LEAGUE DATES: FEB. 25TH-APR. 1ST
MEMBERS \$47 • NON-MEMBERS \$65

VOLUNTEER COACHES

The success of our youth sports program is dependent on support and involvement from volunteers. Share a special experience with your child; sign up as a volunteer coach by checking the box on your registration form.

SPRING YOUTH SPORTS

SPRING ROOKIES SOCCER PROGRAM (AGES 4-5)

Join our pre-competitive soccer program for kids who are not yet in Kindergarten and cannot wait to start playing the game of soccer! Participants will have an opportunity to meet together as a team to work on individual skills, soccer tactics, team skills and strategies using the "games approach." Parents are encouraged to volunteer as coaches and team helpers.

REGISTRATION: DEC. 12TH-FEB. 12TH
LEAGUE DATES: MARCH 18TH- APR. 29TH
MEMBERS \$45 • NON-MEMBERS \$60

SPRING YOUTH SOCCER LEAGUE (K-8TH)

This is recreational soccer league that focuses on fun, fundamentals and teamwork. Practices are primarily on weeknights at the coach's discretion within the Edwardsville or Glen Carbon city limits.

REGISTRATION: DEC. 12TH-FEB. 12TH
LEAGUE DATES: MARCH 18TH- APR. 29TH
MEMBERS \$45 • NON-MEMBERS \$60

YOUTH VOLLEYBALL (2ND-8TH)

This is an instructional league with an emphasis on fundamentals and equal playing time. Boys sign up to play on boy's teams and girls sign up to play on girl's teams. Games will be played primarily on Saturday mornings and early afternoons. Practice times will be offered as space and scheduling allows.

REGISTRATION: JAN. 30TH - MARCH 26TH
LEAGUE DATES: APRIL 29TH - MAY 22ND
MEMBERS \$46 • NON-MEMBERS \$62

**LATE FEES FOR ALL
YOUTH LEAGUES \$10**



**Ask For Program Location When Registering
Note: You Must Fill Out A For & Register In Person.**

ADULT SPORTS PHILOSOPHY

YMCA adult sports provide a non-competitive, sports related atmosphere where adults can come and fellowship with each other. Adult sports programs emphasize physical fitness and fun for people in Edwardsville and the surrounding communities.

CO-ED INDOOR VOLLEYBALL LEAGUE

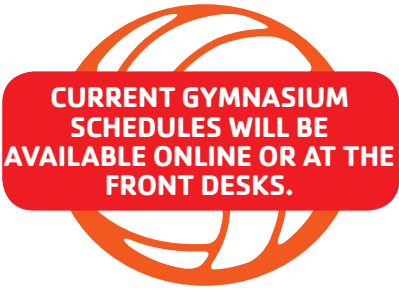
Monday Night Volleyball! Fall volleyball just got better! We offer four different divisions of leagues: Recreational, Intermediate, Competitive, and Power. Each team only plays teams from their division with playoffs after the regular season. Come on out and have some fun with friends. League play will be on Monday nights. All team players must be 17 years or older. Games will be played at both Meyer and Esic Centers.
REGISTRATION: OCT. 24TH - DEC. 26TH
LEAGUE BEGINS: JANUARY 9TH
TEAM FEES: \$260

SUMMER CO-ED SAND VOLLEYBALL LEAGUE

It's never too early to start planning for summer! Come on out and have a blast on the outdoor sand volleyball court at the Meyer Center! Competitive league play will be on Monday nights and Intermediate league play will be on Tuesday nights. The setup is the same as our indoor leagues with six players (3 men and 3 women) on either side.
REGISTRATION: FEB. 13TH-APRIL 23RD
COMPETITIVE LEAGUE BEGINS: MAY 8TH
INTERMEDIATE LEAGUE BEGINS: MAY 9TH
TEAM FEES: \$225

ULTIMATE FRISBEE LEAGUE

This is our first Ultimate Frisbee Fall League! It is open to high schoolers on up. The games are on Saturday afternoons. Teams may have up to 14 players on a roster and 7 play at a time.
SIUE SOCCER FIELDS BY KORTE STADIUM
REGISTRATION: JAN. 9TH - FEB. 27TH
LEAGUE BEGINS: MARCH 18TH
TEAM FEES: \$200



ADULT OPEN SPORTS PHILOSOPHY

The YMCA provides different sports activities available each week to accommodate the busy work schedules of our members. These programs provide an environment in which individuals can come to the YMCA and meet people from the community while playing different sports activities. We feel this is a great opportunity for social interaction as well as physical fitness.

ADULT OPEN VOLLEYBALL (WALK-IN)

Members 17 years or older are encouraged to come up to the Esic Center on Wednesday evenings to get in a game of open volleyball.
WEDNESDAY 8:00-10:00PM • ESIC

ADULT RACQUETBALL CONVENIENCE LEAGUE

The YMCA will be offering a winter racquetball convenience league for all interested men & women. This is a great way to meet other racquetball players. Multiple divisions will be set up based on the skill levels of the players.
ESIC CENTER • FEE: \$5
REGISTRATION: OCT. 24TH- JAN. 2ND
LEAGUE BEGINS: JANUARY 9TH