

# REC. SPORTS

## SUMMER YOUTH CAMPS

### LACROSSE CAMP (2<sup>ND</sup> - 5<sup>TH</sup>)

Lacrosse is one of the fastest growing sports in America right now. Give it a try and sign up for one of our 2-day Lacrosse Camps. Campers will be provided with a stick, helmet, gloves, and any other equipment necessary. Campers should bring both non-metal cleats and tennis shoes. Campers may bring their own equipment as well.

#### MEYER CENTER

REGISTRATION: APRIL 16<sup>TH</sup> - MAY 31<sup>ST</sup>  
2<sup>ND</sup> - 3<sup>RD</sup>: JUNE 4<sup>TH</sup> - 5<sup>TH</sup> • 6:00 - 7:15PM  
4<sup>TH</sup> - 5<sup>TH</sup>: JUNE 6<sup>TH</sup> - 7<sup>TH</sup> • 6:00 - 7:15PM  
MEMBERS \$15 • NON-MEMBERS \$23

### YOUTH VOLLEYBALL CAMP (1<sup>ST</sup> - 7<sup>TH</sup>)

Youth will get the opportunity to develop and improve their techniques utilizing a "games approach" format. Get ready for the Fall with this comprehensive and fun program. Participants will be divided by age groups. All players currently in 1<sup>ST</sup> - 7<sup>TH</sup> grades are encouraged to register.

#### MEYER CENTER

#### (T-SHIRT INCLUDED)

REGISTRATION: APRIL 16<sup>TH</sup> - JUNE 21<sup>ST</sup>  
JUNE 25<sup>TH</sup> - 28<sup>TH</sup> • 6:00 - 7:30PM  
MEMBERS \$37 • NON-MEMBERS \$54

Take A  
Look At The  
Summer  
Camp  
Catalog  
For Our

Specialty Camps Offered  
During The Day!



## VOLUNTEER COACHES

The success of our youth sports program is dependent on support and involvement from volunteers. Share a special experience with your child; sign up as a volunteer coach by checking the box on your registration form.



## SUMMER BASKETBALL CAMPS

### SKILLS, DRILLS & FUN (2<sup>ND</sup> - 4<sup>TH</sup>)

This camp is for boys and girls finishing 2<sup>ND</sup> - 4<sup>TH</sup> grades. We will work to develop skills for young players such as proper technique, footwork, and an understanding of basketball. We will work to improve skills such as shooting, passing, and dribbling, all while having fun. The final day of camp is a Basketball Skills Challenge Day. This camp will be limited to the first 30 players.

#### MEYER CENTER

REGISTRATION: MAY 14<sup>TH</sup> - JULY 12<sup>TH</sup>  
JULY 16<sup>TH</sup>, 18<sup>TH</sup>, 23<sup>RD</sup>, 25<sup>TH</sup> & 26<sup>TH</sup>  
6:00 - 7:15PM  
MEMBERS \$35 • NON-MEMBERS \$50

### FUNDAMENTAL SKILLS & TEAM PLAY (5<sup>TH</sup> - 8<sup>TH</sup>)

This camp is for boys and girls who have just finished 5<sup>TH</sup> - 8<sup>TH</sup> grades. Players will improve their fundamental skills such as shooting, passing, and dribbling. This camp is a great opportunity to improve your skills. The final day of camp is a Basketball Skills Challenge Day. This camp will be limited to the first 30 players registered.

#### MEYER CENTER

REGISTRATION: MAY 14<sup>TH</sup> - JULY 12<sup>TH</sup>  
JULY 16<sup>TH</sup>, 18<sup>TH</sup>, 23<sup>RD</sup>, 25<sup>TH</sup> & 26<sup>TH</sup>  
7:15 - 9:00PM  
MEMBERS \$40 • NON-MEMBERS \$55

## FALL YOUTH PROGRAMMING REGISTERING THIS SUMMER!

### 3-ON-3 BOYS BASKETBALL (9 - 15 YRS)

A 3-On-3 league where players sign up as a team or an individual (max 4 players per team). Leagues include a pre-season clinic & a 5-game season (6 total nights). The divisions will be based on age. Games will be half court and 22 minutes long. Practices are not provided. Coaches are not required.

#### MEYER & NIEBUR (ESIC) (JERSEY INCLUDED)

REGISTRATION: MAY 29<sup>TH</sup> - AUGUST 12<sup>TH</sup>  
LEAGUE BEGINS: SEPTEMBER 4<sup>TH</sup>  
INDIVIDUALS:

MEMBER: \$35 • NON-MEMBER: \$50  
3 OR MORE PLAYERS MEMBERS: \$100  
2 OR MORE PLAYERS NON-MEMBERS: \$135

## ADDITIONAL FALL YOUTH LEAGUES

### FALL YOUTH SOCCER LEAGUE (K - 8<sup>TH</sup>)

It's soccer time at the Edwardsville YMCA. The league will run for six games. The league is open to youth in Kindergarten (must be signed up for Fall '18 Kindergarten class) through 8<sup>TH</sup> grade. Please call the YMCA if you have any questions.

**(T-SHIRT INCLUDED)**

**SIUE KORTE STADIUM YMCA FIELDS**  
**REGISTRATION: MAY 29<sup>TH</sup> - JULY 29<sup>TH</sup>**  
**LEAGUE BEGINS: SEPTEMBER 8<sup>TH</sup>**  
**MEMBERS \$46 • NON-MEMBERS \$62**

### FALL ROOKIES SOCCER PROGRAM (4 - 5 YRS)

Join our pre-competitive soccer program for kids who are not yet in Kindergarten and cannot wait to start playing the game of soccer! They will have an opportunity to meet together as a team to work on individual skills, soccer tactics, team skills and strategies using the "games approach." Parents are encouraged to volunteer as coaches and team helpers. The Y will provide a coaches training and parent orientation to this exciting program.

**(T-SHIRT INCLUDED)**

**SIUE KORTE STADIUM YMCA FIELDS**  
**REGISTRATION: MAY 29<sup>TH</sup> - JULY 29<sup>TH</sup>**  
**LEAGUE BEGINS: SEPTEMBER 8<sup>TH</sup>**  
**MEMBERS \$46 • NON-MEMBERS \$62**

### YOUTH 7-ON-7 FLAG FOOTBALL PASSING LEAGUE (2<sup>ND</sup> - 8<sup>TH</sup>)

This exciting flag football league ensures a good coach to player ratio with plenty of playing time! This is a great way to introduce the game of football to a young one, but it's also a perfect way to refine the passing, receiving, and route-running skills of the more experienced player as well. Games will be played Saturday afternoons. The league is open to boys and girls and serves as a great opportunity for parents to get involved as volunteer coaches.

**(T-SHIRT INCLUDED)**

**SIUE KORTE STADIUM YMCA FIELDS**  
**REGISTRATION: MAY 29<sup>TH</sup> - JULY 29<sup>TH</sup>**  
**LEAGUE BEGINS: SEPTEMBER 8<sup>TH</sup>**  
**MEMBERS \$47 • NON-MEMBERS \$64**

## FALL ADULT SPORTS

### FALL COED ADULT SAND VOLLEYBALL

This league will be Coed 4's (2 guys and 2 girls), so be sure to bring your A game. In case you missed the summer league or just didn't get enough, here's your chance to play some sand volleyball! Games are on Wednesday nights. Only the top 4 teams make the playoffs (6-game regular season).

**MEYER CENTER**

**REGISTRATION: JUNE 4<sup>TH</sup> - JULY 15<sup>TH</sup>**

**LEAGUE BEGINS: AUGUST 1<sup>ST</sup>**

**TEAM FEES: \$130**

### FALL COED ADULT VOLLEYBALL

Monday Night Volleyball! Fall Volleyball just got better! We offer four different divisions of leagues: Recreational, Intermediate, Competitive, and Power. Each team only plays teams from their division with playoffs after the regular season. Come on out and have some fun with friends. League play will be on Monday nights. All team players must be 17 years or older. Games will be played at both Meyer and Niebur (Esic) Centers.

**NIEBUR (ESIC) & MEYER CENTERS**

**REGISTRATION: JUNE 18<sup>TH</sup> - AUGUST 19<sup>TH</sup>**

**LEAGUE BEGINS: SEPTEMBER 10<sup>TH</sup>**

**TEAM FEES: \$260**

### ADULT RACQUETBALL CONVENIENCE LEAGUE

The YMCA will be offering a Fall racquetball convenience league for all interested men & women. This is a great way to meet other racquetball players. Multiple divisions will be set up based on the skill levels of the players.

**NIEBUR (ESIC) CENTER • FEE: \$5**

**REGISTRATION: JUNE 18<sup>TH</sup> - AUGUST 26<sup>TH</sup>**

**LEAGUE BEGINS: SEPTEMBER 10<sup>TH</sup>**

