

YOUTH SPORTS

T-SHIRTS INCLUDED WITH ALL LEAGUES

ROOKIES BASKETBALL *NEW (1ST & 2ND)

Our 1st/2nd grade basketball program is a great introductory league for boys & girls. The basics of basketball are covered the first 3 Saturdays of the season during morning practices with coaches, kids & YMCA staff. The last 3 Saturdays of the season, parents get to watch their kids scrimmage as they start sharpening their newly learned basketball skills & knowledge in game play. Additional weeknight practices will be led by the coach (no YMCA staff provided for the weeknight practices). **REGISTRATION: SEPT. 25TH - NOV. 13TH** **COACH LED PRACTICES BEGIN: WEEK OF DEC. 4TH** **STAFF LED PRACTICES: DEC. 16TH, JAN. 6TH & 13TH** **GAMES: JAN. 20TH, 27TH & FEB. 3RD** **MEMBERS \$38 • NON-MEMBERS \$56**

GIRLS BASKETBALL (3RD-8TH)

This is an instructional league for girls looking to improve their basketball skills with an emphasis on fundamentals and equal playing time. Games will primarily be on Saturday mornings & early afternoons depending on the age division with occasional weeknight games. Practices will be on weeknights. **REGISTRATION: SEPT. 25TH - NOV. 13TH** **LEAGUE DATES: DEC. 16TH - FEB. 3RD** **MEMBERS \$48 • NON-MEMBERS \$66**

BOYS BASKETBALL (3RD-8TH)

This is an instructional league for boys looking to improve their basketball skills with an emphasis on fundamentals & equal playing time. Games will primarily be on Saturdays with occasional weeknight games. Practices will be on weeknights. The first 3 Saturdays will be in the morning with the last 3 Saturdays later in the day to accommodate for anyone participating in both soccer & basketball. **REGISTRATION: NOV. 27TH-JAN. 16TH** **LEAGUE DATES: FEB. 17TH - MAR. 24TH** **MEMBERS \$48 • NON-MEMBERS \$66**

**LATE FEES FOR ALL
YOUTH LEAGUES \$10**

SPRING ROOKIES SOCCER PROGRAM (AGES 4-5)

Join our pre-competitive soccer program for kids who are not yet in Kindergarten and cannot wait to start playing the game of soccer! Participants will have an opportunity to meet together as a team to work on individual skills, soccer tactics, team skills and strategies using the "games approach." Parents are encouraged to volunteer as coaches and team helpers.

REGISTRATION: DEC. 11TH-FEB. 11TH **LEAGUE DATES: MARCH 17TH- APR. 21ST** **MEMBERS \$46 • NON-MEMBERS \$62**

SPRING YOUTH SOCCER LEAGUE (K-8TH)

This is recreational soccer league that focuses on fun, fundamentals and teamwork. Practices are primarily on weeknights at the coach's discretion within the Edwardsville or Glen Carbon city limits.

REGISTRATION: DEC. 11TH-FEB. 11TH **LEAGUE DATES: MARCH 17TH- APR. 21ST** **MEMBERS \$46 • NON-MEMBERS \$62**

YOUTH VOLLEYBALL (2ND-8TH)

This is an instructional league with an emphasis on fundamentals and equal playing time. Boys sign up to play on boy's teams and girls sign up to play on girl's teams. Games will be played primarily on Saturday mornings/early afternoons, Monday and Tuesday evenings. Practice times will be offered as space and scheduling allows.

REGISTRATION: JAN. 29TH - MARCH 25TH **LEAGUE DATES: APRIL 28TH - MAY 22ND** **MEMBERS \$47 • NON-MEMBERS \$64**

VOLUNTEER COACHES

The success of our youth sports program is dependent on support and involvement from volunteers. Share a special experience with your child; sign up as a volunteer coach by checking the box on your registration form.

REC. SPORTS | ESIC, MEYER & SIUE FIELDS

LEARN TO PLAY LACROSSE (AGES 8 - 10)

Sign your boy or girl up for our Lacrosse program and save big on the equipment! We provide the equipment (helmet, stick, chest protector, gloves and elbow pads) while your child learns to play Lacrosse. Our instructors will teach the basic skills such as: scooping, passing, catching, shooting, cradling and more during the classes. You will need to provide a mouth piece. **SESSIONAL CLASS (7 WEEKS WINTER 1 & 2, 6 WEEKS SPRING)**
THURS 5:00-5:50PM • MEYER CENTER
MEMBERS \$25 • NON-MEMBERS \$40

ADULT SPORTS

CO-ED INDOOR VOLLEYBALL LEAGUE

Monday Night Volleyball! We offer four different divisions of leagues: Recreational, Intermediate, Competitive, and Power. Each team only plays teams from their division with playoffs after the regular season. Come on out and have some fun with friends. League play will be on Monday nights. All team players must be 17 years or older. Games will be played at both Meyer and Esic Centers.

REGISTRATION: OCT. 23RD - DEC. 24TH
LEAGUE DATES: JAN. 8TH - MAR. 26TH
TEAM FEES: \$260

SUMMER CO-ED SAND VOLLEYBALL LEAGUE

It's never too early to start planning for summer! Come on out and have a blast on the outdoor sand volleyball court at the Meyer Center! Competitive league play will be on Monday nights, Recreational on Tuesday nights and Intermediate on Wednesday nights. The setup is the same as our indoor leagues with six players (3 men and 3 women) on either side.

REGISTRATION: FEB. 12TH - APRIL 22ND
COMPETITIVE LEAGUE BEGINS: MAY 7TH
RECREATIONAL LEAGUE BEGINS: MAY 8TH
INTERMEDIATE LEAGUE BEGINS: MAY 9TH
TEAM FEES: \$225

ADULT OPEN VOLLEYBALL (WALK-IN)

Members 17 years or older are encouraged to come up to the Esic Center on Wednesday evenings to get in a game of open volleyball.

WEDNESDAY 8:00-10:00PM • ESIC

CURRENT GYMNASIUM SCHEDULES WILL BE AVAILABLE ONLINE OR AT THE FRONT DESKS.

ADULT RACQUETBALL CONVENIENCE LEAGUE

The YMCA will be offering a winter racquetball convenience league for all interested men & women. This is a great way to meet other racquetball players. Multiple divisions will be set up based on the skill levels of the players.

ESIC CENTER • FEE: \$5
REGISTRATION: OCT. 23RD - DEC. 31ST
LEAGUE BEGINS: JANUARY 8TH

