

# REC. SPORTS • YOUTH

## VOLUNTEER COACHES

The success of our youth sports programs is dependent on support and involvement from volunteers. Share a special experience with your child & sign up as a volunteer coach when you register online or at the front desk of one of our facilities!

### ROOKIES BASKETBALL (1<sup>ST</sup> - 2<sup>ND</sup>)

This program is a great introductory league for boys and girls. The basics of basketball are covered the first 3 weeks of the season during Saturday morning practices with coaches, kids & staff. Additional coach-lead practices on week nights. The last 3 weeks of the season parents get to watch their kids scrimmage as they start sharpening their newly learned basketball skills & knowledge. (JERSEY INCLUDED)  
**NIEBUR (ESIC) & MEYER CENTERS**  
**REGISTRATION: SEPT. 24<sup>TH</sup> - NOV. 11<sup>TH</sup>**  
**LEAGUE: DECEMBER 15<sup>TH</sup> - FEBRUARY 2<sup>ND</sup>**  
**MEMBER: \$38 • NON-MEMBER: \$56**

### GIRLS BASKETBALL (3<sup>RD</sup> - 8<sup>TH</sup>)

This is an instructional league for girls looking to improve their basketball skills with an emphasis on fundamentals and equal playing time. Games will primarily be on Saturdays with occasional weeknight games. Practices will be on weeknights. (JERSEY INCLUDED)  
**NIEBUR (ESIC) & MEYER CENTERS**  
**REGISTRATION: SEPT. 24<sup>TH</sup> - NOV. 11<sup>TH</sup>**  
**LEAGUE: DECEMBER 15<sup>TH</sup> - FEBRUARY 2<sup>ND</sup>**  
**MEMBERS \$48 • NON-MEMBERS \$66**

### BOYS BASKETBALL (3<sup>RD</sup> - 8<sup>TH</sup>)

This is an instructional league for boys looking to improve their basketball skills with an emphasis on fundamentals and equal playing time. Games will primarily be on Saturdays with occasional weeknight games. Practices will be on weeknights. The first 3 Saturdays will be in the morning with the last 3 Saturdays later in the day to accommodate for anyone participating in both soccer & basketball. (JERSEY INCLUDED)  
**NIEBUR (ESIC) & MEYER CENTERS**  
**REGISTRATION: NOV. 26<sup>TH</sup> - JAN. 13<sup>TH</sup>**  
**LEAGUE: FEBRUARY 16<sup>TH</sup> - MARCH 23<sup>RD</sup>**  
**MEMBERS \$48 • NON-MEMBERS \$66**

### SPRING ROOKIES SOCCER PROGRAM (4 - 5 YRS)

Join our pre-competitive soccer program for kids who are not yet in Kindergarten and cannot wait to start playing the game of soccer! They will have an opportunity to meet together as a team to work on individual skills, soccer tactics, team skills and strategies using the "games approach." Parents are encouraged to volunteer as coaches and team helpers. The Y will provide a coaches training and parent orientation to this exciting program.

(T-SHIRT INCLUDED)

**SIUE KORTE STADIUM YMCA FIELDS**  
**REGISTRATION: DEC. 10<sup>TH</sup> - FEB. 10<sup>TH</sup>**  
**LEAGUE: MARCH 16<sup>TH</sup> - APRIL 13<sup>TH</sup>**  
**MEMBERS \$46 • NON-MEMBERS \$62**

### SPRING YOUTH SOCCER LEAGUE (K - 8<sup>TH</sup>)

It's soccer time at the Edwardsville YMCA. The league will run for six games. The league is open to youth in Kindergarten (must be signed up for Fall '18 Kindergarten class) through 8<sup>TH</sup> grade. Please call the YMCA if you have any questions.

(T-SHIRT INCLUDED)

**SIUE KORTE STADIUM YMCA FIELDS**  
**REGISTRATION: DEC. 10<sup>TH</sup> - FEB. 10<sup>TH</sup>**  
**LEAGUE: MARCH 16<sup>TH</sup> - APRIL 13<sup>TH</sup>**  
**MEMBERS \$46 • NON-MEMBERS \$62**

### YOUTH VOLLEYBALL (2<sup>ND</sup> - 8<sup>TH</sup>)

This is an instructional league with an emphasis on fundamentals and equal playing time. Boys sign up to play on boy's teams and girls sign up to play on girl's teams. Games will be played primarily on Saturday mornings/early afternoons, Monday and Tuesday evenings. Practice times will be offered as space and scheduling allows.

(T-SHIRT INCLUDED)

**NIEBUR (ESIC) & MEYER CENTERS**  
**REGISTRATION: JAN. 28<sup>TH</sup> - MARCH 24<sup>TH</sup>**  
**LEAGUE: APRIL 27<sup>TH</sup> - MAY 25<sup>TH</sup>**  
**MEMBERS \$47 • NON-MEMBERS \$64**

**Late Fee Of \$10 Starts The Day After Registration Period On Each League.**

# REC. SPORTS • YOUTH & ADULTS

## LEARN TO PLAY LACROSSE (AGES 8 - 10)

Sign your boy or girl up for our Lacrosse program and save big on the equipment! We provide the equipment (helmet, stick, chest protector, gloves and elbow pads) while your child learns to play Lacrosse. Our instructors will teach the basic skills such as: scooping, passing, catching, shooting, cradling and more during the classes. You will need to provide a mouth piece. **7 WEEK SESSIONAL CLASS • RUNS WINTER 2 ONLY**  
**THURS 5:00 - 5:50PM • MEYER SKATE CENTER**  
**MEMBERS \$25 • NON-MEMBERS \$40**

## CO-ED INDOOR VOLLEYBALL LEAGUE

Monday Night Volleyball! We offer four different divisions of leagues: Recreational, Intermediate, Competitive, and Power. Each team only plays teams from their division with playoffs after the regular season. Come on out and have some fun with friends. League play will be on Monday nights. All team players must be 17 years or older. Games will be played at both Meyer and Niebur (Esic) Centers. **NIEBUR (ESIC) & MEYER CENTERS**  
**REGISTRATION: OCT. 22<sup>ND</sup> - DEC. 23<sup>RD</sup>**  
**LEAGUE: JANUARY 7<sup>TH</sup> - MARCH 25<sup>TH</sup>**  
**TEAM FEES: \$260**

## ADULT OPEN VOLLEYBALL (WALK-IN)

Members 17 years or older are encouraged to get in a game of open volleyball.  
**WED 8:00-10:00PM • NIEBUR (ESIC)**

## ADULT SPORTS

### SUMMER CO-ED SAND VOLLEYBALL

It's never too early to start planning for summer! Come on out and have a blast on the outdoor sand volleyball court! Weeknight league play is as follows: Competitive on Monday, Recreational on Tuesday & Intermediate on Wednesday. The setup is the same as our indoor leagues with six players (3 men & 3 women) on either side.  
**MEYER CENTER**  
**REGISTRATION: FEB. 11<sup>TH</sup> - APRIL 21<sup>ST</sup>**  
**COMPETITIVE: MAY 6<sup>TH</sup>**  
**RECREATIONAL: MAY 7<sup>TH</sup>**  
**INTERMEDIATE: MAY 8<sup>TH</sup>**  
**TEAM FEES: \$225**

## ADULT RACQUETBALL CONVENIENCE LEAGUE

The YMCA will be offering a winter racquetball convenience league for all interested men & women. This is a great way to meet other racquetball players. Multiple divisions will be set up based on the skill levels of the players.  
**NIEBUR (ESIC) CENTER • FEE: \$5**  
**REGISTRATION: OCTOBER 22<sup>ND</sup> - DECEMBER 30<sup>TH</sup>**  
**LEAGUE BEGINS: JANUARY 7<sup>TH</sup>**

**Online Registration  
Now Available For  
Youth Rec. Sports Leagues!**

